

## THE LIFE INTEGRATION PROCESS

**8 to 11 May 2025,**  
in Montaigu-de-Quercy (82), France

This three-day workshop focuses on the personal experience of the Life Integration Process (LIP) and phenomenological constellation work. You look at your inner processes, see and feel your potential and your limits, are a client, representative and observer, ask personal and professional questions and thus grow into phenomenological constellation work.

The Life Integration Process is a constellation method developed by Wilfried Nelles that examines our dilemmas using the seven stages of life and consciousness: prenatal, childhood, adolescence, adulthood, mature adulthood, old age, and finally, death. It uses the theory and practice of systemic work, but it is also a holistic approach to self-awareness in three dimensions.



- A therapeutic intervention in the sense that we support the client in bringing into consciousness what is emerging or hidden in psychological problems.
- An initiation in the sense that it reflects the soul potential of the client.
- A spiritual perspective in which we see life as a movement of the soul of which the individual is but an expression. In this view, therapy and the transition into adulthood are not processes that we do, but only something that we can allow into our

consciousness. Ultimately, they happen of their own accord.

The LIP work is a valuable add-on for any coach or consultant as it uses mind, body, and soul. Another way to describe this approach is "phenomenological". About phenomenology, Wilfred Nelles said, "We can observe and acknowledge only what appears. Everything else is mere thought, mere theory, and unreal. That which appears is infinite- infinitely vast, infinitely multifaceted and infinitely deep. The more and deeper we enter the phenomenological reality that appears and the more we allow ourselves to be moved and touched by it, the more and deeper we experience the world - and at the same time ourselves."

In this work I often witness how people are drawn from their current difficulties into a strength and vitality previously inaccessible to them. Apparently, we grow when we expose ourselves to our difficulties and 'patterns' without fighting them.

In this respect, my work is orientated towards the realities of life, both internal and external. Turning to what is, brings us into a life-affirming, elementary spirituality. It delights in the living and the present.

The program will consist of a daily lecture, questions and answers, and constellation work with the participants. Every personal or professional topic participants are interested in or are stuck with can be observed with this method. The workshop is set up as an open process in which we follow the structure but adapt to the flow of the process whenever that seems appropriate.

# NELLESINSTITUTE

PHENOMENOLOGICAL PSYCHOLOGY  
LIFE INTEGRATION PROCESS  
CONSTELLATION WORK

## DATES & WORKING HOURS

Thursday 8 May	17.00 – 20.00	Introduction of the program, getting acquainted and drinks
Friday 9 May until Saturday 10 May	10.00 – 13.00 & 15.00 – 18.00	lectures and practical (constellation) work
Sunday 11 May	10.00 14.00	Lectures and constellation work, closing lunch



## FACILITATOR

Coen Aalders is a constellator and educator in systemic work with [LIP](#) in Europe and China. An INSEAD EMC alumnus wave 3.

Further he works as a C-level interim change manager in public organisations like



governmental bodies, universities, hospitals, and other agencies, and as leadership consultant and executive coach for teams and individuals for national and international enterprises.

## FEES & BOOKING

585 Euro, exclusive of accommodation and subsistence.

The program requires a minimum group of 15 participants.

## ACCOMODATION & SUBSISTENCE

Accommodation (4 rooms, €60 p/n) and organic meals are available at €15 for lunch and €20 for dinner- several other local accommodation options in the area.

## LOCATION

We are hosted by the beautiful [Théra](#), an initiative of Maria-Elena Daynes, an alumnus of INSEAD EMC's wave 3 and a leadership consultant.

151 Vallon de Bebinet,  
82150, Montaigne-de-Quercy, France (80 minutes from Toulouse Blagnac Airport)

## INFORMATION & REGISTRATION

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Payment at: Jetventures BV, Utrecht

Bank: NL31RABO0347022332

BIC : RABONL2U

## FOUNDATION COURSE

This workshop is part of the English foundation course LIP, which consists of five modules to be completed at one of the Nelles Institutes in the Netherlands, Germany, Switzerland, Austria, Romania, Czechia or Gessner Aufstellungen. This workshop is one of the few workshops in English, but we expect that our course offer in English will be extended soon.

*"All the greatest and most important problems of life are fundamentally insoluble. They can never be solved, but only outgrown. This 'outgrowing' proves on further investigation to require a new level of consciousness. Some higher or wider interest appeared on the horizon and through this broadening of outlook the insoluble problem lost its urgency. It was not solved logically in its own terms but faded when confronted with a new and stronger life force".*

- Carl Jung