

Being together

Relationship integration process & growth-oriented constellation work

Malte Nelles is a graduate political scientist and teaching therapist for systemic constellations (DGfS) and alternative practitioner for psychotherapy with various psychotherapeutic trainings.

Together with his father, Wilfried Nelles, he runs the Nelles Institute in Nettersheim and Berlin. In addition to his work as a course leader and teacher of constellation work, he runs a practice for alternative psychotherapy, couples therapy and coaching in Berlin.



Course content

Maintaining a long-term relationship is one of the greatest challenges we can face in life. Those who are truly committed to it do not remain the same. There are great opportunities for personal growth for each partner, as well as the pain that this process of constant friction brings to both.

The Relationship Integration Process (RIPE) is a constellation process that allows these growth forces and the uniqueness of a couple's relationship to be seen, experienced emotionally and, where possible, understood intellectually. In RIPE constellation work we move along two existential lines of force that shape what happens in a couple's relationship.

The first is the fundamental conflict between being true to oneself and being true to one's partner. Those who deny themselves in a relationship will perish as a person. Those who only care about themselves cannot be in a relationship and with another person. To be in a relationship is to live a life of squaring the circle, being true to yourself and being true to the relationship you are in.

The second line of force in the RIPE is that of time. We all carry a lot with us from the past. Some of it gives us strength, some of it we experience as emotional scars. At the same time, any relationship is more than the sum of two people and their personal and shared experiences. In every love there is a third element at work, a potential that wants to unfold, that wants to look to the future, that wants to create something unique through the connection between two people.

The aim of GDP is to open up to these forces inherent in the relationship. This includes the willingness to engage with them without intention, without the desire to change or save oneself, one's partner or the relationship.

Workshop

The course is for couples and interested individuals.

Workshop Times

Thursday, Friday and Saturday 10.00-18.00

Sunday 10.00 - 14.30

Venue

Leopoldskerkje, Gansbaan 7, 6231 LM, Meerssen
(www.hetleopoldskerkje.nl)

Workshop price

Couples €580

Individuals €320

Date

8 – 11 May 2025

Registration and information

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